

TRAINING SESSIONS & TOPICS COVERED

Sunday 29th October - 10am to 12pm - Short game

Learning how each shot can be played to give you the best chance of scoring from inside 30 yards. This will cover pitching, chip and run and bunker play. We will also cover types of bunkers you may face and options you have with rulings etc.

<https://www.sussexgolfpro.co.uk/bunker-play-made-easy>

Sunday 26th November - 10am to 12pm - Awkward lies

Covering the slopes of uphill, downhill, ball above feet and ball below feet. How you adopt your set up to give you the best chance of making a good contact. In this session we will also talk about lies in the rough and fairways bunkers

<https://www.sussexgolfpro.co.uk/awkward-lies>

Sunday 14th January - 10am to 12pm – Driving and Fairway woods

It could be a few more yards or more consistency you are after but this session is designed to help you get the most from your long game.

Sunday 4th February – 10am to 12pm – Controlling your distance pitching

Approach shots into the greens – Can you judge the shot to land over the bunker but not go too far! Some guidance to help you understand how to play the shot and clubs you can play each shot with.

Sunday 4th March – 10am to 12pm – Striking your irons

Hitting more greens in regulation – the iron shot that needs to hit the green! We will also talk a little about shot shaping. Understanding the spin on the ball. Not so much playing it but understanding why this is happening to your shots.

Sunday 18th March - 10am to 12pm - Putting

Save you from wasting those great opportunities to make par! Whether its green reading, distance putts and shorts putts under pressure, we will cover them all. Some very simple exercises to practice to help you achieve lower scores

All of the sessions are designed to give a fun way of learning and a guide to help you with some tips to save some shots off your score.

For more information or tips you can visit my website to help you with your game.

<https://www.sussexgolfpro.co.uk/>